



OPTIONS FOR CHILDREN & YOUTH (6 MONTHS – 17 YEARS OLD)

AGE	OPTIONS	CHILDCARE	POOLS	INDOOR TRACK/ ADULT CLASSES	FITNESS EQUIPMENT
6 mon thru 11 yrs.	Kids In Motion	<ul style="list-style-type: none"> • May enter as a monthly member • Special season options available • Pay-Per-Visit: must be brought by a parent/guardian* 	<ul style="list-style-type: none"> • During scheduled Family Swim Times only • Parent/guardian* MUST be with child at all times 	<ul style="list-style-type: none"> • Children NOT permitted 	<ul style="list-style-type: none"> • Children NOT permitted
	Guest	<ul style="list-style-type: none"> • Pay-Per-Visit: must be brought by a parent/guardian* 	<ul style="list-style-type: none"> • Children NOT permitted 	<ul style="list-style-type: none"> • Children NOT permitted 	<ul style="list-style-type: none"> • Children NOT permitted
AGE	OPTIONS	SPECIAL REQUIREMENTS	POOLS	INDOOR TRACK/ ADULT CLASSES	FITNESS EQUIPMENT
12-15 years	Youth Member	<ul style="list-style-type: none"> • MUST have Youth Consent & Conduct Form signed by parent/guardian* to use Center independently 	<ul style="list-style-type: none"> • Youth permitted 	<ul style="list-style-type: none"> • Youth permitted 	<ul style="list-style-type: none"> • Equipment Orientation is REQUIRED prior to using equipment • Fitness Assessment is optional
	Guest	Youth guests must wear a guest wristband at all times and may use all areas of the Center. Parent/guardian* MUST stay in the Center with youth.			
16-17 year	Youth Member	Must have Youth Consent & Conduct Form signed by parent/guardian* to use all areas of the Center independently. Both Equipment Orientation and Fitness Assessment are optional.			
	Guest	Youth guests must wear a guest wristband at all times and may use all areas of the Center. Parent/guardian* MUST stay in the Center with youth.			

*Child/Youth must be with their OWN parent or guardian. If a grandparent is to serve as the child's/youth's guardian while at the Center, an alternate guardian form MUST be signed.

Items of Note for Children and Youth at the Chelsea Wellness Center:

Child member's ages 6 months through 17 years must be accompanied by their parent/guardian while at the Chelsea Wellness Center. For ages 12-17 years a parent/guardian can sign the Youth Consent and Conduct Form giving permission for the youth to work out unattended.

A grandparent may serve as a minor's guardian while at if the Alternate Guardian Waiver is signed by both the minor's grandparent and parent/legal guardian **PRIOR** to accompanying the minor to the Center

Center guests ages 12-17 must be accompanied by a parent/legal guardian at all times. Guests under the age of 12 years may use the pools during Family Swim Times only. Guest under the age of 12 years are not permitted access to the Fitness Floor (including exercise equipment, group exercise classes, or indoor track) at any time.

For health and safety purposes, during Family Swim Time, children under the age of 12 years are not permitted to use the saunas, steam room or whirlpool.

During Family Swim Time a swim diaper is required for children not toilet trained.

To ensure the safety and privacy of all of our members, no child under the age of 12 years may be in the locker room without a parent/guardian present. Children age 4 years and older must use the locker room of their gender. The Center has an assisted locker room that may also be used.